

### COMPLETE YOUR EDUCATION TO BECOME A REGISTERED DIETITIAN NUTRITIONALIST!

The M.S. in Nutrition and Dietetics program at Benedictine University serves as a portal to a career in health promotion and risk reduction, therapeutic intervention, and community education. The program is designed to enable students to demonstrate in-depth knowledge and application of key areas of nutritional science; assess, plan and design health education and training programs for individuals or groups, evaluate research, and apply critical-thinking skills. Following completion of an accredited 1,200-practice-hour Dietetic Internship (DI) program, students can take the Registration Examination for Dietitian Nutritionists to become credentialed Registered Dietitian Nutritionists (national level credentialing).

- **NO GRE REQUIRED**
- **TRANSFER CREDIT CONSIDERATIONS GIVEN**
- **START YOUR APPLICATION NOW** [apply.ben.edu](http://apply.ben.edu)

#### Nutrition and Wellness Foundation – 15 semester hours

PBHL 5501	Data Analytics for Public Health (3)
NUTR 5539	Health & Wellness Research Planning (3)
NUTR 5581	Obesity: Theory and Applications (3)
NUTR 5585	Complementary Nutrition Therapies (3)
NUTR 6693	Descriptive Research (3)

#### Follow one Track – 20-21 semester hours

##### Track A [Dietetics Interns matched to BenU DI program]:

NUTR 5515	MNT Advanced Concepts and Outcome Measurement (3)
NUTR 5618	DI Skill & Practice Competence & Professional Issues (2)
NUTR 5589	Dietetic Internship (12)

##### One elective (3 credits) from the following:

NUTR 5501, 5530, 5557, 5890, 6610, 6688, or 6890.

##### Track B [Dietetics Interns match to External DI program]:

NUTR 5659	Entrepreneurship (3)
NUTR 6658	Venture Planning in Nutrition (3)
NUTR 5687	Professional Practice in Dietetics (6)

##### Select three electives (9 credit hours total) from the following:

NUTR 5501, 5530, 5557, 5890, 6610, 6688 [on campus only; not online], or 6890.

##### Track C [CDR RD/N credentials]:

NUTR 6559	Entrepreneurship (3)
NUTR 6658	Venture Planning in Nutrition (3)
NUTR 5687	Professional Practice in Dietetics (9)

##### Select two electives (6 credit hours total) from the following:

NUTR 5501, 5530, 5557, 5890, 6610, 6688 [on campus only; not online], or 6890.

### ALUMNI SPOTLIGHT



David Grotto,  
MS, RDN, LDN

Sr. Nutrition Business Partner  
at Kelloggs Nutrition



"I love being an integral partner in promoting health via foods and nutrition programs that meet higher standards being set forth in K-12, Health Care, Lodging, Military, Restaurants and Convenience store channels. Tailored nutrition is key. One size does not fit all."

MAKE YOUR NUTRITION & DIETETICS CAREER HAPPEN NOW!

ben.edu | 630-829-6300 | admissions@ben.edu

## DEGREE REQUIREMENTS

The M.S. in Nutrition and Dietetics program requires 35-36 semester credits of graduate coursework, depending upon one's academic preparation. In this M.S., students earn credit for accredited dietetic practice experiences (e.g., dietetic internship, ISPP, RDN credential) completed at Benedictine University and elsewhere. Additionally, students take an active role in their own learning process through their own choice of electives.

## WHY BENEDICTINE?

Designed for those who want to help others and make a positive difference in their communities, the M.S. in Nutrition and Dietetics program at Benedictine University develops one's knowledge and skills on health-promotion and therapeutic and concerns. Learning at Benedictine University combines instructional expertise with individual initiative, creativity, research, and field experience so that the adult learner will find the educational experience a steppingstone to professional success.

Our program is specifically designed for dietetic interns and Registered Dietitian Nutritionists, giving credit for accredited dietetics practice experiences (dietetic internship, ISPP, RDN credential) completed at Benedictine University and elsewhere.



MASTER OF SCIENCE (MS)  
**NUTRITION &  
DIETETICS**

The Dietetic Internship program has a 5-year average of a 95% Registered Dietitian examination pass rate.

According to the U.S. Bureau of Labor, employment of dietitians/nutritionists is projected to grow 8% from 2019 to 2029.

Our Dietetic Internship is accredited by the Commission on Accreditation for Dietetics Education of the Academy of Nutrition and Dietetics.



**Lisle Campus** 5700 College Road, Lisle, IL 60532

**Mesa Campus** 255 E. Main Street, Mesa Arizona 85201